



A new tool for the Cystic Fibrosis self-management



European
Commission

Horizon 2020
European Union funding
for Research & Innovation



Instituto de
Investigación
Sanitaria La Fe



A 4 years European Project is ahead. A multidisciplinary and co-developing approach involving experts and patients will lead to the development of the self-management tool

7 European countries,
12 Organisations participating

The mobile APP that will allow children and their families for the personalized adjustment of the optimal enzyme dosage to each meal.

MyCyFAAPP

Would you like to take part?

MORE INFO HERE!

To learn more about the Project:

Call 961 244 618

Email mycyfapp@iislafe.es

Visit www.mycyfapp.eu

Ask a member of the [CF Unit](#)

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WHAT WILL THE APP OFFER?

- * Optimal, personalised and real-time enzyme dosage adjustment
- * Close nutritional follow-up and establishment of adequate and healthy nutritional habits
- * A home-to-hospital, hospital-to-home interaction
- * Games and interactive resources for the self-management